Harassment Consultation Center News

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This issue focuses on "dating DV". While the violence occurring between married couples is called DV (domestic violence), the violence occurring between couples in a dating relationship is called dating DV. The survey shows that dating DV is not well known compared to DV (Cabinet Office, 2014).

Damage situation in the young generation by dating DV A survey by support

groups showed that 44% of teenage females who have had steady boyfriends experienced a dating DV such as monitoring, interference, or violence. The survey covers approximately 2,800 male and female junior high school, high school, and university students of 10 prefectures of East Japan and Kyushu. The survey is the first nationwide survey of teens. The cases of the dating DV include 10% of the grave cases such as being requested for photographs of nakedness and sexual intercourse. (the Mainichi Shimbun on March 13, 2017) Dating DV is not an unrelated matter for university students.

Have you ever had the following experiences?

Your boyfriend or girlfriend

- · beats you, hits you, or threatens you by pretending hitting or beating
- throws something to you · ignores you
- · says something that hurts you such as "stupid" "You die!".
- blames you unilaterally · restricts your relations with others
- · becomes angry and silent when you are friendly with others.
- · gets angry if you prioritize the schedule with others
- · checks your LINE, phone history, SNS interaction without your permission
- forces you to pay always on the date not pays your money back
- forces you to have sex · refuses to use contraception



The victims might think

- ·I was also bad, so he/she blamed me.
- •if I refuse the request, he/she may hate me.
- ·I should endure.
- ·he/she will change someday.

Because of such feelings, the victims are likely to hesitate to break up and hard to convey their feelings. The victims lose confidence by receiving negative words continuously, which further strengthens dependence on the partner. This vicious circle is very common.

•he/she is not always violent, and sometimes kind and considerate.

The relationship between a perpetrator and a victim of dating DV is often compared to the relationship of "control – controlled."

Let's think about what is important to have an equal relationship.

Respecting your partner

It is natural that you want to contact your partner at any time, or you want to have a closer relationship with your partner.

However, you should not impose your opinion when your partner has a different idea.

It is important to acknowledge and respect the difference.

Then, propose your opinion appropriately about how you think differently.

Respecting yourself

Taking care of your mind and body is as important as respecting your partner.

No one can hinder your decisions about yourself.

You should say "No" when you are forced to respond to an unacceptable request, receive an unpleasant behavior, or suffer from violence.

Such determined attitude is consistent with respecting yourself.

Talking with your family and friends, and consulting with the services below can protect you.

Consultation services for dating DV include

- · Women's human rights hotline
- · Japan Legal Support Center
- Police
- · Government agencies of a city or a town

You can also contact Harassment Consultation Center of Nagoya University.

Please feel free to contact us.

Nagoya University Harassment Consultation Center

2nd floor, Engineering Building 7-B

Furo-cho, Chikusa-ku, Nagoya 464-8601

Opening hours: Monday~Friday (excluding holidays) 9:00~7:00

Tel: 052-789-5806 (Higashiyama)

Fax: 052-789-5968 (Higashiyama)

E-mail: h-help@adm.nagoya-u.ac.jp (for Higashiyama, Tsurumai, and Daiko sections)

Tsurumai, and Daiko sections are also available.

For more information, please see the website: http://www.sh-help.provost.nagoya-u.ac.jp/

